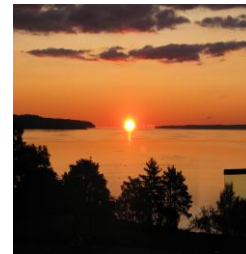


The NAUTICA View



SSCC #360 NEWSLETTER

February 2013

Website

www.nauticacommunity.ca

Condo Board

Darren Stojic, President
Don Barron, Vice President
Renee Hanrahan, Treasurer
George Gibson, Secretary
Lisa Simpson, Director

Nautica Board e-mail

Nautica360@live.com

Condominium Manager

Terri Morris
terri.morris@hasseyrealty.com
705-737-9595x304 (Head Office)
705-792-0101 (During on-site
office hours)

Office Hours

Monday 3:00 p.m. – 7:00 p.m.
Tuesday 8:30 a.m. – 12:00 p.m.
Thursday 12:00 p.m. – 3:30 p.m.

Superintendents

Chris Wright
Gord Smith (relief)
705-333-8885

Elevator – Moves and

Deliveries
Janet Wright
705-333-2537

Nautica On-Site Personnel **(7 p.m. – 7 a.m.)**

705-333-8885

Newsletter Editor

Darren Stojic
darrenstojic@hotmail.com

The February Social Calendar and Events are included in this newsletter; they are also available for download at the Nautica website.

Pending Projects/Activities

- Our monthly Fire Alarm Inspection.
- We're expecting delivery and installation of a new north garage door and opener.
- Also expecting delivery and installation of a new centre garage door operator.

Reminders

- Please do not shovel snow or cigarette butts off your balcony as they land on the balconies and terrace below which is unsafe and unsightly.
- Please promptly pick up any newspapers you have delivered.

A Special Thank-you!

The Board wishes to thank Norm Walker, our resident Nautica librarian, for his many efforts organizing the Nautica library. Special thanks also goes out to Wolf Holst and Richard Francis for installing shelves for bottle collection outside the garbage room. Thank-you for helping making Nautica even better!

FOB Concerns

It is well known that our garage door fobs are very sensitive to temperature and have buttons that can sometimes be temperamental. Some owners have reported that fobs work well, while others experience inconsistent behaviour and a small minority have fobs that can best be described as problematic.

NOTE: Each fob button is for a particular garage door, some owners have reported fob problems when in fact they were just pushing the wrong button.

Unfortunately this simple fix is not the solution for all our fob problems so The Management Office, working with Surelock Homes, is investigating inconsistent fob behaviour with the goal of improving fob performance. It's unclear if we have fob problems, fob receiver problems or something else is going on, but for some the system is unsatisfactory. It was selected by the builder and is now unfortunately outside of warranty. Each suite owner was initially provided with fobs at the builder's cost, but any replacements are now at owner's cost. Replacement of the system would be expensive so it's hoped that something can be done to repair it (if in fact something isn't working as designed).

The Board wishes to thank you for your patience; we use the same fobs you do and have the same occasional problems.

Asian Vegetable Beef Soup (adapted from A Taste of Home)

This is a very hearty meal for a broth-based soup. Enjoy! (Kris Stojic).

1 lb beef stew meat or sirloin steak, cut up into 1-inch cubes

1 TBSP canola oil

3 cups beef broth

¼ cup sherry (or additional beef broth)

¼ cup soy sauce

6 green onions, chopped

3 TBSP brown sugar

2 garlic cloves, minced

1 TBSP minced fresh ginger root (I use Gourmet Garden in a tube, found in the produce dept)

2 tsp sesame oil

1 ½ cups sliced fresh mushrooms

1 ½ cups julienned carrots

1 cup sliced bok choy

1 ½ cups uncooked orzo

In a large saucepan brown the beef cubes in oil on all sides, drain. Add the beef broth, sherry, soy sauce, onions, brown sugar, garlic, ginger, and sesame oil. Bring to a boil. Reduce heat, cover and simmer for 1 hour.

Stir in the mushrooms, carrots, and bok choy. Cover and simmer for another 30 to 60 minutes until vegetables are tender. Meanwhile, cook orzo according to package directions. Add orzo and heat through.

This soup keeps in the refrigerator and can be frozen.

SOCIAL COMMITTEE - FEBRUARY 2013

NOTE: Residents of both towers are welcome to join in all social events. If anyone in either tower wishes to participate in the planning and implementation of events, please contact Maureen Holmes (37) at mmrholmes@rogers.com or Sandy Pestill (33) at mistyshadows2u@rogers.com

ACTIVITIES NOW RUNNING:

Book Club: All book lovers are encouraged to come out and discuss their favourite books on the second Tuesday of every month at 7:00 p.m. Perhaps you have found a gem in our library which you would like to share with others. Contact Jean Wright at 705-252-8304.

Coffee Chat: Monday mornings at 9:30 a.m. in the Kempenfelt Room. Everyone is welcome.

Euchre, Bid Euchre, and Bridge: Thursday evenings from 7:00 p.m. to 9:00 p.m. in the Kempenfelt Room. Tea and coffee will be served.

Fit For Life: A 12 week course is now running on Monday evenings from 7:00 to 8:00 p.m. in the Ellen Room. The cost is \$60.00 for 12 classes.

Investment Group: The Nautica Investment Group meets at 7:00 p.m. on the second Wednesday of the month in the Ellen room. New members are welcome. Contact George McKay at 705-767-3754 or e-mail at geomar@cottagecountry.net

Movie Nights: Anyone wanting to use the TV in the Ellen Room, please contact the Superintendent to arrange use of the remote control.

Tai Chi: A 10 week course is now running on Wednesday mornings from 9:30 to 10:30 a.m. in the Kempenfelt Room. The cost for 10 classes is \$50.00.

Yoga: The Yoga group continues to meet on Tuesdays and Thursdays at 9:30 a.m. The cost for the Tuesday morning class is \$30.00 for 6 classes; "drop ins" are also welcome at \$10.00 per class. Thursday is "drop in only" at \$10.00 per class. For more information, contact Tanya at 705-252-8455.

UPCOMING EVENTS:

Super Bowl Party: Watch the Super Bowl in the Ellen Room. Party starts at 6:00 p.m., game at 6:30 p.m. Pizza will be served -- \$1.00 per slice. BYOB.

Pot Luck Dinner: There will be a potluck dinner on Friday, February 22, 2013. The theme is international foods. Choose a country of your choice and sign up in the podium. There should be many interesting dishes to choose from.

Ukeladies and Friends: March 8th from 6:00 to 7:00 p.m. in the Kempenfelt Room during Happy Hour.

MISCELLANEOUS:

D.J. WANTED: If someone could recommend an excellent D.J. to play at Social Committee functions, please leave your name and number on the sheet on the bulletin board in the Podium.

BULLETIN BOARD: The bulletin board in the podium area is for the sole use of the Social Committee and their activities.

HAPPY HOUR: The Social Committee will provide snacks at Happy Hour consisting of chips, nuts, pretzels, etc. If anyone wishes to provide hors d'oeuvres, please feel free to do so.

NAUTICA RESIDENTS DIRECTORY: The directory for the Nautica residents has been prepared and distributed. Inclusion in the directory is voluntary and is distributed only to those who have contributed their names and contact information. For further information, please contact the newsletter editor, brumwell@sympatico.ca

FUNDS FOR SOCIAL COMMITTEE: Thanks to all the volunteers for their help with managing the bottle returns. A special thank you to Chris Spanis (37) and Larry Weldon (33) for doing the December pick ups and for John Lawson (37) doing the 37 and balance of 33 pick ups for January.

Please continue to contribute your Beer, Liquor and Wine bottles in the bins provided. These funds will be used to provide snacks for Happy Hour and to off-set the costs for special events. To volunteer for future months, please contact Valerie Holst (33) at wholst@rogers.com and Ruth Lawson (37) at johnruthlawson@gmail.com

The Social Committee will provide gas cards to those who volunteer to return the bottles.

SOCIAL COMMITTEE: Maureen Holmes and Sandy Pestill have agreed to be the co-chairs of the Social Committee as Nancy Pakulak has decided to resign. We would like to thank Nancy for all her hard work and for her dedication to our Committee. She will be missed.

Thank you also to Committee members Colleen Attridge, Marion Cassell, Deanna Clark, Jean Cornett, Joan Gelinis, Valerie Holst, Jodi Kohal, Lois Lea, Margaret Weiland, Kathleen White and Jean Wright for their work in planning and arranging all of the activities for the Nautica residents. Three new members have been welcomed to the Committee: Ruth Lawson, Judy Liss, and Anne Wilson.

MONTHLY NAUTICA SOCIAL COMMITTEE ACTIVITIES - FEBRUARY 2013

G = Games Room K = Kempenfelt Room E = Ellen Room C = Courtyard P = Pool Area L1 + Lobby 1st floor L2 = Lobby 2nd floor T =

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 5:00 pm Happy Hour (K)	2	3 6:00 pm Super Bowl Party (E)
4 9:30 am Coffee Chat (K) 7:00 pm Snooker/Pool (G) 7:00 pm Fit For Life (E)	5 9:30 am Yoga (E)	6 9:30 am Tai Chi (K)	7 9:30 am Yoga (E) 7:00 pm Euchre, Bid Euchre, and Bridge (K)	8 5:00 pm Happy Hour (K)	9	10
11 9:30 am Coffee Chat (K) 7:00 pm Snooker/Pool (G) 7:00 pm Fit For Life (E)	12 9:30 am Yoga (E) 7:00 pm Book Club (K)	13 9:30 am Tai Chi (K) 7:00 pm Investment Group (E)	14 9:30 am Yoga (E) 7:00 pm Euchre, Bid Euchre, and Bridge (K)	15 5:00 pm Happy Hour (K)	16	17
18 9:30 am Coffee Chat (K) 7:00 pm Snooker/Pool (G) 7:00 pm Fit For Life (E)	19 9:30 am Yoga (E)	20 9:30 am Tai Chi (K)	21 9:30 am Yoga (E) 7:00 pm Euchre, Bid Euchre, and Bridge (K)	22 5:00 pm Happy Hour (K) 6:30 pm Pot Luck Dinner International Theme (K)	23	24
25 9:30 am Coffee Chat (K) 7:00 pm Snooker/Pool (G) 7:00 pm Fit For Life (E)	26 9:30 am Yoga (E)	27 9:30 am Tai Chi (K)	28 9:30 am Yoga (E) 7:00 pm Euchre, Bid Euchre, and Bridge (K)			